

What have we been learning?

This month we have explored different mindfulness techniques, through yoga and meditation. The children even made their own nature tea and enjoyed a spa day for children's mental health week.

We were then very busy taking part in forest school; making potions, learning about fire safety and enjoying toasted marshmallows, pancakes and hot chocolate! Whilst in the garden we found a camouflaged mole and 2 hibernating wasps, which sparked conversations about why they need to hide.

For pancake day we did big chef little chef and the children made their own pancake mix, weighing the ingredients.

We then celebrated Chinese New Year, where the children made their own banner and lanterns, we also watched the lion dance and listened to some traditional Chinese music.



What's next?

Next month we will be dressing up for world book day, celebrating our amazing mummies at our mother's day tea and taking part in lots of science experiments for science week.

We will also be looking at the artist, Claude Monet!



Reminders

Just a reminder that show and tell is on a Tuesday and Thursday ONLY, therefore please refrain your child from bringing anything in on the other days as it causes a lot of upset.

We would like to welcome Sienna to the preschool room and we say a sad farewell to Beatrix.